

Professional Disclosure Statement

Qualifications:

I am licensed by the North Carolina Board of PT Examiners (#P3843). I completed my undergraduate Physical Therapy studies at the University of North Dakota in 1987, and my Doctor of Physical Therapy in 2013 at The College of St. Scholastica in Duluth, MN. Over the past 37 years I have completed multiple certifications, including certifications in Wound Care, Pedorthics (Foot), Adult Stroke Treatment, Osteoporosis Management, Geriatric Care, Strength & Conditioning as well as obtained Credentialed Clinical Instructor status thru the American Physical Therapy Association. I also have a passion for and am certified in Instructional Design through the University of Wisconsin.

Background:

I have worked in a variety of settings. I started my career in WNC in a hospital/outpatient/Skilled Nursing Facility setting, then moved on to Traveling Therapy for three years. Traveling PT allowed me to work in multiple settings, including Rehabilitation Hospitals, Hospitals, Outpatient Centers and Skilled Nursing Facilities. I returned to WNC and worked in hospital and outpatient settings at what was then St. Joseph's Hospital, which later became Mission Hospital. I worked on the Total Joint floor for many years, and then throughout the hospital with post operative patients. I worked in complex wound care and pedorthics and taught that curricula at Western North Carolina University for several years. I transitioned to the Home Health setting which I loved immediately. Seeing people in their own environments proved functional and rewarding. I like a focused environment – one patient at a time.

Philosophy:

I am on your team. It's my job to listen first to where you are in your journey and where you want to be. I'll be honest in what's realistic, and supportive in helping you get there. Our collaboration will work best if you refrain from negative self-talk. You're here. I'm here. We will meet each other where we are in a spirit of caring and respect and forge a path forward – and hopefully have a lot of fun doing it!

Many things affect therapy. It's important to me to treat you as a whole person, and to be thorough in my assessments and treatments. Every visit I will perform a systems screen before we begin, no matter how healthy you are. I am a big fan of Primary M.D.s. If anything is off, I'm glad to contact your doctor to report it or will advise you to do so.

Payment:

I do not accept insurance.

I accept cash, checks or credit card payments.

Payments are due at the time of service. If you have a card on file with Simple Practice, your card will be billed the evening of our visit. Otherwise, the system will send you an invoice via email. Prompt payment is critical for me as a self-employed person. Please be conscientious about paying invoices immediately or setting up the available autopay function.

I much prefer working with you on therapy, versus chasing down payments.

My current prices are:

<i>Evaluation:</i>	<i>\$170.00</i>
<i>Standard visit:</i>	<i>\$120.00</i>
<i>Additional time:</i>	<i>\$25.00 for each additional 15 minutes</i>
<i>Court Related Services:</i>	<i>\$350.00 per hour</i>

The above fees cover personalized care, conveniently scheduled, and the driving time to and from your home. The fees also cover any additional education material including handouts, and/or video education modules.

Confidentiality:

I'm careful about this. I've treated people who live next door to each other and neither knew I was treating the other. Our sessions and what you share are held in strict confidence.

My practice management software is fully HIPPA compliant, as is my patient documentation system.